



## **Girls on the Run®**

### **Coaches' Job Description**

Serving as a coach is the most rewarding way to get involved with Girls on the Run and learn more about our program. You get to experience the program first hand, feel a sense of accomplishment that you have made a difference in the lives of the girls and have a ton of fun with your team of coaches and incredible girls!

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#### **Job Summary:**

The coach is a volunteer position that works with a co-coach to facilitate the Girls on the Run curriculum to program participants. This position works closely with the Marion County Program Coordinator and entails approximately 3-4 hours per week (during after-school hours) with additional time required for: a one day six hour training; a community race event; and for First Aid/CPR training, if necessary.

**Core Duties/Responsibilities** include the following (other duties may be assigned):

- Understanding and believing in the mission of the organization and acting as a spokesperson for the program.
- Serving as a role model and mentor
- Preparing, organizing, and supervising the weekly lessons
- Leading the program participants through each lesson
- Interacting with parents of program participants; planning and coordinating the end of season banquet
- Attending coaches meetings with the GOTR staff during the season
- Coordinating the community project
- Attending the end of season community 5K event with program participants and other volunteers
- Provide approval for a criminal background check

#### **Qualifications:**

- A strong desire to work in the field of girl development
- Excellent communication skills
- The ability to be flexible and to improvise when needed
- To inspire and motivate others to believe in the Girls on the Run mission
- High organizational skills
- The ability to recognize conflict and have the skills to help resolve it
- The capacity to work in a partnership with a co-coach
- Attend a full day coach's training with the Executive Director and/or Program Coordinator
- First Aid/CPR certification

#### **Experience:**

The ideal candidate would have the following experiences:

- Strives to lead a healthy lifestyle
- Has volunteered in direct service organizations (preferred but not required)
- Has awareness of the common and different needs of girls